

# Round the Lake Trail



50p

Path round Anglers Crag

**Welcome.** Ennerdale Water is important for its diverse lakeshore habitats and nutrient poor waters which are home to Salmon, Trout, Arctic Char and otter. The lake supplies 60,000 customers in West Cumbria with fresh water. The surrounding landscape is of European conservation importance for its special habitats and is home to a range of wildlife including cuckoo, and red squirrels.

**Suitability.** This is a low level walk along forest roads, tracks and narrow footpaths. The path surface along the south side of Ennerdale is rocky with many trip hazards and some sections that are regularly very wet. **The climb over Anglers Crag is very steep and includes a short exposed scramble with a significant drop into the lake.**



Ancients Oaks of Side Wood

**Wild Ennerdale** is a partnership of people and organisations led by The Forestry Commission, National Trust, United Utilities and Natural England. Our vision is "to allow the evolution of Ennerdale as a wild valley for the benefit of people, relying more on natural processes to shape its landscape & ecology."

For more information visit [www.wildennerdale.co.uk](http://www.wildennerdale.co.uk) or contact Gareth Browning on 0771 2751060



## Please Protect Our Wild Valley

- Don't start fires
- Protect and respect wildlife, trees and plants
- Keep dogs under control
- Take your litter home
- Make no unnecessary noise
- Take only memories away



wildwaterforestmountains  
ennerdale



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Forestry Commission [100025498]

## Emergency!

**A&E Hospital**  
Whitehaven. 01946 693181  
**Nearest Public Phones**  
Gillerthwaite YHA common room.  
Low Gillerthwaite Field Centre.  
Ennerdale Bridge outside the school.  
**Rescue** Phone 999 ask for Mountain Rescue.  
**Mobile Phones.** Poor (west) to no reception (east).

The Anglers Inn stood here until the 1970's when it was demolished to make way for the lake level to be raised. However the plans were stopped by significant local opposition and the lake level never raised.

Look out for beautiful butterflies such as marsh fritillary and peacocks in summer months along the western lakeshore.

Between the road and the lake Smithy Beck bloomery was a furnace used in medieval times for producing iron. A bloomery's product is a porous mass of iron and slag called a bloom.

**Bleach Green Car Park**  
Lat:54.5247926  
Lng:-3.4144735  
Postcode CA23 3AS

**Bowness Knott car park**  
Lat:54.5261624  
Lng:-3.3776521  
Postcode CA23 3AU

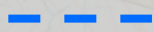
Latterbarrow oak wood is of European importance for the conservation of mosses, bryophytes and liverworts which thrive under the dense canopy of oak and birch.

Can you spot Ennerdale's island. This is the top of a ridge which divides the deeper (50m) eastern two thirds of the lake from the shallow (10m) western third.

The climb over Anglers Crag is a steep scramble but the views are spectacular.

Look across the wall to catch a glimpse of one of our freely roaming herds of Galloway cattle. They carry out important natural processes, roaming freely across mountain, forest and river. Please do not approach the cows when they have young calves and keep dogs under control at all times.

The Side was a medieval deer park probably established in the 12th to 14th centuries where deer were kept to provide food for the Lord of the Manor. Side Wood is an ancient Oak Wood of European importance. Listen out for the Cuckoo's call especially in Spring.

 Trail Route. No Way markers  
The walk is 6.5 miles long and takes around 3 to 4 hours depending on how long you stop to enjoy the views.  
