

Sawdust Lonning Trail



Welcome. The Sawdust Lonning trail provides a short level route for all abilities. The trail offers spectacular views looking across Ennerdale Water into the wild valley with Pillar and Steeple guarded by Crag Fell and Herdus. On a windy day the waves crash onto the sandy lake shore beaches whilst shelter can be found as the trail takes the visitor inland between larch, and birch trees.

Suitability. The trail offers mostly level surfaces where two people can walk side by side and which are suitable for wheelchair users. The return route alongside the access road is not suitable for wheel chair users as it is too narrow and the surface is not suitable. We are hoping to improve this during 2011/12.



The weir and fish pass



Walking the lakeshore path

Wild Ennerdale is a partnership between people and organisations lead by The National Trust, The Forestry Commission, United Utilities and Natural England. Our vision is "to allow the evolution of Ennerdale as a wild valley for the benefit of people, relying more on natural processes to shape its landscape and ecology."

For more information visit www.wildennerdale.co.uk

Please Protect Our Wild Valley
Don't start fires
Protect and respect wildlife, trees and plants
Keep dogs under control
Take your litter home
Make no unnecessary noise
Take only memories away



An orchid beside the lake shore path

£1

Pillar Mountain and Ennerdale Water

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Forestry Commission [100025498]

Emergency!

A&E Hospital
Whitehaven. 01946 693181
Nearest Public Phones
Gillerthwaite YHA common room. Low Gillerthwaite Field Centre. Ennerdale Bridge outside the school.
Rescue Phone 999 ask for Mountain Rescue.
Mobile Phones. Poor (west) to no reception (east).

Sawdust Lonning was named after the period when so much timber was cut and sawn along this track that the track was deep in sawdust.

A classic photo stop. Frame the valley with the fence leading your eye into the picture or just enjoy the views and the sound of the waves.

Ennerdale Bridge offers two Pubs including the Fox and Hounds which is run and managed by the local community.

The section of path beside the public road is narrow and is not suitable for wheelchair users. We hope to improve this path during 2011/12.

This natural lakeshore shows how scrub woodland and vegetation bind the soil together protecting it from the wave action and providing a habitat for wildlife.

The forest of Broadmoor is changing as the conifers are felled native trees such as birch and oak are allowed to regenerate naturally.

Ennerdale Water is important for its diverse lakeshore habitats and nutrient poor waters which are home to Salmon, Trout, Arctic Charr and otter. The lake is also a reservoir supplying 60,000 customers across West Cumbria.

The weir was constructed in 1902 raising the natural glacial lake. The fish pass allows migrating fish such as salmon and trout to bypass the weir on the journey to lay eggs up the valley in the gravels of the River Liza's tributaries.

Bleach Green Car Park
Grid Ref NY110153 or
Postcode CA23 3AU

Trail Route. No Way markers

The trail is 1.3 miles long and takes around half an hour depending on how long you stop to enjoy the views.

250m

